

APPROVED OUTSIDE SNACKS AR-Policy No.246

Organic Swirly Strawberry Really Peely Fruit Tape

BEST INGREDIENTS: Organic Pear Juice Concentrate, Organic Apple Juice Concentrate, Organic Dried Apple, Organic Sunflower Oil, Organic Strawberry Puree, Organic Tapioca Starch, Citrus Pectin, Ascorbic Acid (Vitamin C), Organic Color (organic carrot and organic blackcurrant extracts), Citric Acid, Natural Strawberry Flavor.

Nutrition Facts	
Serving Size 1 roll (21g) Servings Per Container 6	
Amount Per Serving	
Calories 80	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 17g	6%
Dietary Fiber less than 1g	3%
Sugars 13g	
Protein 0g	
Vitamin C	100%
Not a significant source of vitamin A, calcium and iron. * Percent Daily Values are based on a 2,000 calorie diet.	

Sun Maid California Raisins

Nutrition Facts	
Serv. Size 1 box, Amount Per Serving: Calories 80,	
Total Fat 0g (0% DV), Sodium 0mg (0% DV), Total Carb. 19g (6% DV),	
Calcium (0% DV), Fiber 1g (6% DV), Sugars 18g, Protein 1g, Iron (4% DV).	
Not a significant source of fat cal., sat. fat., trans fat, cholest., vitamin A and vitamin C. Percent Daily Values (DV) are based on a 2,000 calorie diet.	

Organic Bunny Graham Friends

BEST INGREDIENTS: ORGANIC WHEAT FLOUR, ORGANIC CANE SUGAR, ORGANIC EXPELLER-PRESSED SUNFLOWER OIL, ORGANIC WHOLE WHEAT FLOUR (GRAHAM FLOUR), ORGANIC INVERT CANE SYRUP, ORGANIC CORN FLOUR, ORGANIC HONEY, CALCIUM CARBONATE, ORGANIC COCOA POWDER, ORGANIC CHOCOLATE COOKIE BITS (ORGANIC WHEAT FLOUR, ORGANIC CANE SUGAR, ORGANIC EXPELLER-PRESSED SUNFLOWER OIL, ORGANIC MALTED BLACK BARLEY FLOUR, ORGANIC COCOA, BAKING SODA), ORGANIC SEMI-SWEET CHOCOLATE CHIPS (ORGANIC CANE SUGAR, ORGANIC UNSWEETENED CHOCOLATE, ORGANIC COCOA BUTTER, ORGANIC VANILLA EXTRACT), BAKING SODA, NATURAL FLAVOR, SEA SALT, MIXED TOCOPHEROLS (VITAMIN E) TO PROTECT FLAVOR.

CONTAINS WHEAT. MADE ON SHARED EQUIPMENT THAT ALSO PROCESSES MILK AND SOY INGREDIENTS.

Nutrition Facts			
Serving Size 31 Cookies (30g)			
Servings Per Container About 6			
Amount Per Serving			
Calories			130
Calories from Fat			40
% Daily Value*			
Total Fat	4.5g		7%
Saturated Fat	0.5g		2%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	90mg		4%
Total Carbohydrate	22g		7%
Dietary Fiber	less than 1g		3%
Sugars	7g		
Protein	2g		
Vitamin A	0%	•	Vitamin C 0%
Calcium	15%	•	Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Pirate's Booty Snack Puffs, Aged White Cheddar, 1 Ounce

Ingredients: Corn Meal, Rice, Contains one or more of the following: (Sunflower, Expeller Pressed Canola or Corn Oil), Aged Cheddar Cheese (Cultured Milk, Salt, Enzymes, Whey, Buttermilk) Black Pepper. **Contains Milk.**

ALLERGY STATEMENT:
 Peanut and Tree Nut Free.
 Made in a Peanut and Tree Nut Free facility.

Nutrition Facts			
Serving Size 1 OZ (28g)			
Servings Per Container 4			
Amount Per Serving			
Calories 140		Calories from Fat 50	
		% Daily Value*	
Total Fat 6g			9%
Saturated Fat 1g			5%
Trans Fat 0g			
Cholesterol 5mg			2%
Sodium 190mg			8%
Total Carbohydrate 18g			6%
Dietary Fiber 1g			4%
Sugars 1g			
Protein 2g			
Vitamin A 2%		Vitamin C 0%	
Calcium 4%		Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			
INGREDIENTS: CORNMEAL, RICE FLOUR, SUNFLOWER OIL AND/OR EXPELLER PRESSED CANOLA OIL, CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), WHEY, BUTTERMILK, SALT, NATURAL FLAVOR, SEA SALT, LACTIC ACID, CITRIC ACID, ORGANIC BLACK PEPPER. CONTAINS MILK			



Nutrition Facts

Serving Size 1 PACKAGE

Amount Per Serving

Calories 120 **Calories from Fat 35**

% Daily Value

Total Fat 4g 5%

Saturated Fat 1g 5%

Trans Fat 0g

Polyunsaturated Fat 1.5g

Monounsaturated Fat 1g

Cholesterol 0mg 0%

Sodium 140mg 6%

Potassium 40mg 0%

Total Carbohydrate 19g 7%

Dietary Fiber 1g 4%

Sugars 7g

Protein 1g

Calcium 8% Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Facts are based on our current data. However, because the data may change from time to time, this information may not always be identical to the Nutrition Facts table found on the labels of products.

Formula effective date: 09/30/2018

Information is true and accurate as of: 07/12/2018

INGREDIENTS

MADE WITH SMILES AND WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN AND PALM OILS, FRUCTOSE, CONTAINS 2% OR LESS OF: CINNAMON, SALT, CALCIUM CARBONATE, BAKING SODA, CORNSTARCH, FERRIC ORTHOPHOSPHATE, VITAMIN A PALMITATE. CONTAINS: WHEAT.



Nutrition Facts

Serving Size 1 POUCH (28g/1oz)

Amount Per Serving

Calories 130 **Calories from Fat**

% Daily Value

Total Fat 5g **6%**

Saturated Fat 1g **5%**

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 3g

Cholesterol Less than 5mg **2%**

Sodium 220mg **10%**

Potassium 66mg **0%**

Total Carbohydrate 18g **7%**

Dietary Fiber 2g **7%**

Sugars 0g

Protein 3g

Calcium 2% Iron 6%

Folate 6%

* Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Facts are based on our current data. However, because the data may change from time to time, this information may not always be identical to the Nutrition Facts table found on the labels of products.

Formula effective date: 09/20/2018

Information is true and accurate as of: 05/05/2017

INGREDIENTS

MADE WITH SMILES AND WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHEDDAR CHEESE ([CULTURED MILK, SALT, ENZYMES], ANNATTO), CANOLA AND/OR SUNFLOWER OIL, SALT, CONTAINS 2% OR LESS OF: YEAST, AUTOLYZED YEAST EXTRACT, PAPRIKA, SPICES, CELERY, BAKING SODA, MONOCALCIUM PHOSPHATE, ONION POWDER. CONTAINS: WHEAT, MILK.

Sunshine Cheez-It Crackers, Whole Grain, Individual Packets, 0.75 Oz Bag

Ingredients

Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), white cheddar cheese (milk, cheese cultures, salt, enzymes), soybean oil (with TBHQ for freshness). Contains 2% or less of salt, calcium carbonate, paprika, yeast, paprika extract color, turmeric extract color, BHT for freshness, vitamin A palmitate, annatto extract color, soy lecithin. COMMON ALLERGENS PRESENT: Milk, Wheat, Soy. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated November 2018. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED. Click here for K12 spec sheet: https://apps.gfs.com/experience/resources/great-for-schools/files/child-nutrition-labels/pdfs/282422_SLE.pdf (2,2018)

Nutrition Facts

Serving Size 0.75 oz (21.26g)	
Amount Per Serving	
Calories 100	Calories From Fat 31.5
	% Daily Value *
Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
PolyUnsat. Fat 1.5g	n/a
MonoUnsat Fat 0.5g	n/a
Cholesterol 0mg	n/a
Sodium 150mg	6%
Potassium 50mg	1%
Carbohydrates 14g	5%
Fiber 1g	6%
Sugar 0g	
Protein 3g	6%
Vitamin C n/a Calcium 10% Iron 6%	
* Based on a 2000 calorie diet	
Calories Per Gram:	
Fat: 9	Carbohydrates: 4 Protein: 4

Calories in cheese nips crackers

Nutrition Facts

cheese nips - crackers

Servings:

Calories	90	Sodium	150 mg
Total Fat	1 g	Potassium	0 mg
Saturated	0 g	Total Carbs	0 g
Polyunsaturated	0 g	Dietary Fiber	0 g
Monounsaturated	0 g	Sugars	0 g
Trans	0 g	Protein	22 g
Cholesterol	50 mg		
Vitamin A	0%	Calcium	0%
Vitamin C	0%	Iron	0%

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients

These crackers contain – partially hydrogenated soybean oil, enriched flour (niacin, wheat flour, thiamine mononitrate, reduced iron, riboflavin, and the synthetic form of folate – folic acid), salt, cheddar cheese (produced from salt, cultured milk, and enzymes), leavening (yeast and baking soda), whey, monosodium glutamate (flavor enhancer), autolyzed yeast extract, reduced lactose whey, blue cheese powders (produced from salt, cultured milk, and enzymes), cheddar cheese, skim milk, sugar, citric acid, lactic acid, high fructose corn syrup, sodium caseinate, acetic acid, malted barley flour, disodium phosphate, artificial flavor, and annatto extract (vegetable color).

Lance Gluten Free Cheddar Cheese on the go Packs

INGREDIENTS: Rice Flour, Vegetable Oil (Soybean Oil and/or Palm Oil), Rice Starch, Cheddar Cheese (Pasteurized Milk, Cultures, Salt, Enzymes), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate, Monocalcium Phosphate), Salt, Sugar, Corn Starch, Maltodextrin, Potato Starch, Tapioca Flour, Xanthan Gum, Corn Syrup, Nonfat Dry Milk, Soy Lecithin (Emulsifier), Locust Bean Gum, Lactic Acid, Annatto (Color).

CONTAINS: MILK, SOY

DISTRIBUTED BY: S-L Snacks National, LLC
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Nutrition Facts

8 servings per container

Serving size 1 pack (23g)

Amount per serving

Calories 110

% Daily Value*

Total Fat 6g 8%

Saturated Fat 2g 9%

Trans Fat 0g

Polyunsaturated Fat 2.5g

Monounsaturated Fat 1.5g

Cholesterol less than 5mg 1%

Sodium 310mg 13%

Total Carbohydrate 13g 5%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes less than 1g Added Sugars 2%

Protein 1g

Vit. D 0mcg 0% • Calcium 60mg 4%

Iron 5.5mg 30% • Potas. 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Betty Crocker Fruit Flavored Snacks [US Carton]

Nutrition Facts	
Serving Size	1 pouch (23g)
Amount Per Serving	As Packaged
Calories	80
Total Fat 0g	0%
Saturated Fat	0g 0%
Trans Fat	0g
Polyunsaturated Fat	0g
Monounsaturated Fat	0g
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 19g	6%
Dietary Fiber	0g 0%
Sugars	9g
Protein 0g	
Vitamin A	0%
Vitamin C	20%
Calcium	0%
Iron	0%
Thiamin	0%
Riboflavin	0%
Niacin	0%
Folic Acid	0%

Ingredients

Nutrition

Allergy Information

Corn Syrup, Sugar, Modified Corn Starch, Apple Juice Concentrate. Contains 2% or less of: Citric Acid, Fruit Pectin, Sodium Citrate, Malic Acid, Dextrose, Vitamin C (ascorbic acid), Sunflower Oil†, Color (vegetable juice, spirulina extract, fruit juice, annatto extract, and turmeric extract), Natural Flavor, Carnauba Wax.†Adds A Trivial Amount Of Fat

UTZ

THIN PRETZELS

Nutrition Facts	
Serving Size: 1 package*	
Servings Per Container: 1*	
Amount Per Serving:	
Calories 110	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 480mg	20%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 2%
* Percent Daily Values are based on a 2000 calorie diet.	
Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	• Carbohydrate 4 • Protein 4

Ingredient Declaration: Wheat flour, salt, corn oil, malt syrup, sugar, yeast, soda. Contains no hydrogenated fats.



Annie's Organic Chocolate Chip Cookie Bites



Nutrition Facts	
10 servings per container	
Serving size 1 packet (30g)	
Amount per serving	
Calories	150
<small>% Daily Value*</small>	
Total Fat 8g	10%
Saturated Fat 3g	14%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	4%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Protein 2g	
Vit. D 0mcg 0% • Calcium 0mg 0%	
Iron 0.6mg 4% • Potas. 0mg 0%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



BEST INGREDIENTS:
Organic Wheat Flour, Organic Semi-Sweet Chocolate Chips (organic cane sugar, organic chocolate, organic cocoa butter, organic vanilla extract), **Organic Cane Sugar, Organic Whole Grain Oat Flour, Organic Palm Oil, Organic Expeller-Pressed Sunflower Oil, Organic Invert Cane Syrup, Sea Salt, Organic Molasses, Leavening** (baking soda, ammonium bicarbonate), **Mixed Tocopherols (Vitamin E) to Protect Flavor, Natural Flavor.**

CONTAINS WHEAT; MAY CONTAIN MILK, EGG AND SOY INGREDIENTS.

Annie's Organic Bunny Fruit Snacks

Nutrition Facts
 Serving Size 1 Pouch (23g)
 Servings per Container 24

Amount Per Serving	
Calories 70	
	% Daily Value*
Total Fat 0g	0%
Sodium 55mg	2%
Total Carbohydrate 19g	6%
Sugars 11g	
Protein 0g	
Vitamin C 100%	

Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, dietary fiber, vitamin A, calcium and iron.

* Percent Daily Values are based on a 2,000 calorie diet.

organic for everybunny

SUMMER STRAWBERRY BEST INGREDIENTS: TAPIOCA SYRUP*, CANE SUGAR*, TAPIOCA SYRUP SOLIDS*, PEAR JUICE CONCENTRATE*, WATER, PECTIN, CITRIC ACID, SODIUM CITRATE, ASCORBIC ACID (VITAMIN C), SUNFLOWER OIL*, COLOR* (BLACK CARROT*, BLACKCURRANT* EXTRACTS), NATURAL FLAVOR, CARNAUBA WAX*.

BERRY PATCH BEST INGREDIENTS: TAPIOCA SYRUP*, CANE SUGAR*, TAPIOCA SYRUP SOLIDS*, PEAR JUICE CONCENTRATE*, WATER, PECTIN, CITRIC ACID, SODIUM CITRATE, ASCORBIC ACID (VITAMIN C), COLOR* (BLACK CARROT*, BLACKCURRANT* EXTRACTS), SUNFLOWER OIL*, NATURAL FLAVOR, CARNAUBA WAX*.

TROPICAL TREAT BEST INGREDIENTS: TAPIOCA SYRUP*, CANE SUGAR*, TAPIOCA SYRUP SOLIDS*, PEAR JUICE CONCENTRATE*, WATER, PECTIN, CITRIC ACID, SODIUM CITRATE, ASCORBIC ACID (VITAMIN C), NATURAL FLAVOR, SUNFLOWER OIL*, COLOR* (BLACK CARROT*, BLACKCURRANT*, ANNATTO*, TURMERIC* EXTRACTS), CARNAUBA WAX*.

SUNNY CITRUS BEST INGREDIENTS: TAPIOCA SYRUP*, CANE SUGAR*, TAPIOCA SYRUP SOLIDS*, PEAR JUICE CONCENTRATE*, WATER, PECTIN, CITRIC ACID, SODIUM CITRATE, ASCORBIC ACID (VITAMIN C), SUNFLOWER OIL*, NATURAL FLAVOR, CARNAUBA WAX*, COLOR* (ANNATTO*, TURMERIC* EXTRACTS).

* ORGANIC

Whole Milk

Nutrition Facts	
16 servings per container	
Serving size	1 cup (240mL)
Amount Per Serving	
Calories	150
<small>% Daily Values*</small>	
Total Fat 8g	10%
Saturated Fat 5g	25%
Cholesterol 30mg	10%
Sodium 120mg	5%
Total Carbohydrate 11g	4%
Total Sugars 11g	
Protein 8g	16%
Vit D 2.5mcg 15%	• Potassium 370mg 8%
Vit A 300 IU 6%	• Calcium 290mg 22%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Angie's BOOMCHICKAPOP Sea Salt Popcorn, 0.6 Ounce Bag



Nutrition Facts			
Serving Size 1 pouch (17g)			
Amount Per Serving		per serving	per cup
Calories		80	35
Calories from Fat		40	15
		% Daily Value**	
Total Fat 4.5g*		7%	3%
Saturated Fat 0g		0%	0%
Trans Fat 0g			
Polyunsaturated Fat 1g			
Monounsaturated Fat 2.5g			
Cholesterol 0mg		0%	0%
Sodium 80mg		3%	1%
Total Carbohydrate 11g		4%	2%
Dietary Fiber 2g		8%	4%
Sugars 0g			
Protein 2g			
Vitamin A		2%	0%
Vitamin C		0%	0%
Calcium		2%	0%
Iron		2%	2%
<small>*Amount in per serving</small>			
<small>**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

YumEarth Organic Fruit Snacks

Nutrition Facts	
Serving Size: 1 Snack Pack (19.8g)	
Servings Per Container: 50	
Amount Per Serving	
Calories 70	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 0g	0%
Total Carbohydrate 16g	5%
Dietary Fiber 0g	0%
Sugars 12g	
Protein 0g	
Vitamin A 0%	• Vitamin C 100%
Calcium 0%	• Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: ORGANIC RICE SYRUP, ORGANIC CANE SUGAR, PECTIN, CITRIC ACID, ASCORBIC ACID, NATURAL FLAVORS, ORGANIC COLOR FROM CONCENTRATE (APPLE, CARROT, PUMPKIN, BLACKCURRANT), ORGANIC SUNFLOWER OIL, ORGANIC CARNAUBA WAX.

Distributed by YummyEarth Inc.
Stamford, CT 06902
Certified Organic by Oregon Tilth
Product of France



GoGo squeeZ Applesauce, (Apple Apple/Apple Cinnamon), 3.2 oz.

INGREDIENTS: Apple, Apple Concentrate, Apple Juice Concentrate, Cinnamon.

APPLEAPPLE	
Nutrition Facts	
Serving Size: 1 pouch (90g) Servings Per Container: 8	
Amount Per Serving	
Calories 60	
% Daily Value*	
Total Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 12g	
Protein 0g	
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	

APPLECINNAMON	
Nutrition Facts	
Serving Size: 1 pouch (90g) Servings Per Container: 8	
Amount Per Serving	
Calories 50	
% Daily Value*	
Total Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 11g	
Protein 0g	
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	

Oreo Mini Chocolate Sandwich Cookies

Nutrition Facts	
Serving Size 1 pack (28g)	
Servings Per Container 12	
Amount Per Serving	
Calories 130	Calories from Fat 50
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Potassium 45mg	1%
Total Carbohydrate 20g	7%
Dietary Fiber Less than 1g	3%
Sugars 11g	
Protein 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE {VITAMIN B1}, RIBOFLAVIN {VITAMIN B2}, FOLIC ACID), SUGAR, PALM AND/OR CANOLA OIL, COCOA (PROCESSED WITH ALKALI), DEXTROSE, HIGH FRUCTOSE CORN SYRUP, BAKING SODA, CORNSTARCH, SALT, SOY LECITHIN, CHOCOLATE, VANILLIN - AN ARTIFICIAL FLAVOR.

Dole Fruit Bowls, Diced Peaches,

4 Oz (other varieties allowed)

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Total Fat 0g	0%	Potassium 180mg	5%
Sat. Fat 0g	0%	Total Carb. 19g	6%	
<i>Trans</i> Fat 0g		Dietary Fiber 1g	4%	
Cholesterol 0mg	0%	Sugars 18g		
Sodium 5mg	0%	Protein less than 1g		
Vitamin A	4%	Vitamin C	45%	
Calcium	0%	Iron	2%	

Serving Size
1 Container (113g)
Servings 4
Calories 80
Calories from Fat 0

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: PEACHES, WHITE GRAPE JUICE FROM CONCENTRATE (WATER, WHITE GRAPE JUICE CONCENTRATE), LEMON JUICE FROM CONCENTRATE (WATER, LEMON JUICE CONCENTRATE), NATURAL FLAVORS, ASCORBIC ACID (TO PROMOTE COLOR RETENTION), AND CITRIC ACID.

CAUTION: MAY CONTAIN PITS OR PIT FRAGMENTS.

CARROT, BABY PEELED CARROTEENIE

Ingredients

CARROTS

Product Information

Class: 25 - PRODUCE, FRESH

Category: 354 - ROOT VEGETABLES, FRESH

Nutritional Facts

Serving Size (2.6oz)
Servings Per Container

Amount Per Serving		Calories from Fat 0
		% Daily Value *
Calories	30	
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	16mg	0%
Total Carbohydrate	5g	1%
Dietary Fiber	1g	4%
Sugars	5g	
Protein	0g	
Vitamin A		80%
Vitamin C		8%
Calcium		2%
Iron		0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.